

Narrative Medicine

Trauma and Ethics

Edited by

Anders Juhl Rasmussen

University of Copenhagen, Denmark

Morten Sodemann

*University Hospital Odense and University
of Southern Denmark, Denmark*

Cognitive Science and Psychology



VERNON PRESS

Copyright © 2024 by the Authors.

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior permission of Vernon Art and Science Inc.
www.vernonpress.com

In the Americas:
Vernon Press
1000 N West Street, Suite 1200,
Wilmington, Delaware 19801
United States

In the rest of the world:
Vernon Press
C/Sancti Espiritu 17,
Malaga, 29006
Spain

Cognitive Science and Psychology

Library of Congress Control Number: 2023952289

ISBN: 978-1-64889-845-7

Product and company names mentioned in this work are the trademarks of their respective owners. While every care has been taken in preparing this work, neither the authors nor Vernon Art and Science Inc. may be held responsible for any loss or damage caused or alleged to be caused directly or indirectly by the information contained in it.

Every effort has been made to trace all copyright holders, but if any have been inadvertently overlooked the publisher will be pleased to include any necessary credits in any subsequent reprint or edition.

Cover design by Vernon Press.

Cover image by Jesper Skytte Sodemann.

Table of Contents

Acknowledgment	vii
List of Figures	ix
Foreword	xi
Rishi Goyal <i>Columbia University, US</i>	
Introduction	xv
Anders Juhl Rasmussen <i>University of Copenhagen, Denmark</i>	
Morten Sodemann <i>University Hospital Odense and University of Southern Denmark, Denmark</i>	
Part 1: Autoethnographic Research	1
1.1.1 Creating Ethical Storytelling Spaces, in Research and Beyond, for People Living with Disability and Trauma	3
Annmaree Watharow <i>University of Sydney, Australia</i>	
Sue Joseph <i>Central Queensland University, Australia</i>	
Georgia Fagan <i>University of Sydney, Australia</i>	
1.1.2 An Embodied Narrative Perspective on Transforming Trauma and Illness Experience	15
Sarah Pini <i>University of Southern Denmark, Denmark</i>	
Lillian Wilde <i>IU International University of Applied Sciences, England</i>	
1.1.3 Grieving in the Everyday: Metastatic Cancer, Life Writing and the Grief of the Dying	27
Astrid Joutseno <i>University of Turku, Finland</i>	

Part 2: Narrative Methods and Ethics in Trauma Care	37
2.1. Health Care-Centered	39
2.1.1 Supervising the Traumatized Practitioner Using a Narrative-Based Approach	41
John Launer <i>University College London, England</i>	
2.1.2 The Dangers of Collecting Small Trauma	53
Colleen McMillan <i>University of Waterloo, Canada</i>	
Aaron Smith <i>Yorkville University, Canada</i>	
2.1.3 Making Narrative Medicine Practices Trauma Informed	65
Elizabeth Lanphier <i>University of Cincinnati College of Medicine, US</i>	
2.1.4 Care Amidst Chaos: Narrative Medicine and the Holocaust	77
Mark Celinscak <i>University of Nebraska Omaha, US</i>	
2.2 Patient-Centered	89
2.2.1 Repair and Re-enchantment: Reading and Writing Cancer	91
Oddgeir Synnes <i>VID Specialized University, Norway</i>	
Hilde Bondevik <i>University of Oslo, Norway</i>	
2.2.2 Narrative Redemptions for Post-Traumatic Loneliness: The Therapeutic Potential of Qualitative Research in the Aftermath of Trauma	103
Jacob Y. Stein <i>College of Management, Israel</i>	
Rivka Tuval-Mashiach <i>College of Management, Israel</i>	

2.2.3 Narrative and the Mental Health System: Removing Horror from Mental Health Experiences and Environments	115
Emma McKenzie <i>York St John University, England</i>	
Part 3: Studies of Aesthetic Trauma Narratives	129
3.1 Therapeutic Objective	131
3.1.1 Healing Narratives: Disclosure Relationships and the Ritual of Storytelling in Michaela Coel's <i>I May Destroy You</i>	133
Ssanyu Birigwa <i>Columbia University, US</i> Molly Lindberg <i>Columbia University, US</i>	
3.1.2 Narrating Trauma in Contemporary Literature: The Cases of António Lobo Antunes and Patrick McGrath	143
Ricardo Rato Rodrigues <i>Uniwersytet Marii Curie-Skłodowskiej w Lublinie, Poland</i>	
3.1.3 Narrative Medicine and Holistic Healing: An Ethics of Cure	155
T. S. Kavitha <i>Banaras Hindu University, India</i> Mahesh Sharma <i>Central Institute at Higher Tibetan Studies, Sarnath, India</i>	
3.1.4 Ta(l)king Away the Trauma: Verbo-Visual Testimony and Narrative Humility in Psychiatric Treatment	165
Preeti Puri <i>National Institute of Technology Hamirpur, India</i> Shefali <i>Dr B R Ambedkar National Institute of Technology, Jalandhar, India</i>	
3.2 Analytical Objective	179
3.2.1 The Trauma of Illness: Reading and Teaching Sarah Manguso's <i>The Two Kinds of Decay</i>	181
Mona Baie <i>University of Heidelberg, Germany</i>	

3.2.2 Tell Me Your (Counter)Story: Disrupting Dominant Approaches to Narrative(s), Medicine and Trauma	191
Brooke Covington <i>Christopher Newport University, US</i>	
3.2.3 Trauma and Healing: Finding Meaning, Identity, and Transformation Through Self-Reflection and Self-Expression	203
Victoria Simpson <i>University of Texas at San Antonio, US</i>	
3.2.4 Watchmen: Nostalgia and Bearing Witness to Intergenerational Racial Trauma	217
Margaux Danby <i>University of Kentucky College of Medicine, US</i>	
3.2.5 Traumatic Family Memories, Questions of Care, and the Role of Next of Kin in Contemporary Norwegian Fiction	227
Nora Simonhjell <i>University of Agder, Norway</i>	
3.2.6 Narratives of Healing and Healers: Malay Muslim Identity in Southeast Asia	237
Hannah Ming Yit Ho <i>University of Brunei Darussalam, Brunei</i>	
Afterword: Narrative Medicine as Resistance	249
Arthur W. Frank <i>University of Calgary, Canada</i>	
Biographies	255
Author Index	265
Subject Index	269

Acknowledgment

We extend our heartfelt thanks to photographer Jesper Skytte Sodemann for providing the cover image, a vital part of the book's presentation.

We are deeply indebted to the extraordinary editorial support from Tine Birkebæk. Tine handled the communication with the authors and the review process with elegance and respect for the significance of each author's contribution. She made the process a pleasant and professional editorial experience, and her input was a major factor in the high quality of this anthology.

List of Figures

Figure 1.1. Picture still from <i>ABISSO</i> .	18
Figure 2.1. The hidden pain of mental health.	117
Figure 2.2. Depression.	118
Figure 2.3. The horror of mental health illness.	118
Figure 2.4. A statue of Marco Cavallo, the Blue Horse of Trieste.	124
Figure 2.5. The original artwork, Marco Cavallo.	125
Figure 3.1. Mental illness as an invisible scary monster that follows Marie.	170
Figure 3.2. Marie's struggle to navigate through life.	171
Figure 3.3. Marie's nervous breakdown.	171
Figure 3.4. Burden of psychiatric medicines.	172
Figure 3.5. Bastien imagining his mother as a superhero.	176

Foreword

Rishi Goyal

Columbia University, US

With the generous invitation to write a foreword for this volume, I would like to offer a few words on the oscillating nature of trauma as it relates to my dual disciplinary frameworks, Emergency and trauma care and Narrative medicine or medical humanities. The vernacular usage and field of intelligibility for trauma has expanded considerably, but as Rasmussen and Sodemann note in their excellent introduction, it is rooted in a wound or injury. The spectrum of trauma that I encounter in the hospital on a daily basis is wide. On the one hand, I care for patients with serious injuries to their bodies: a man with a bleeding chest wound from a gunshot; an older woman with a scalp laceration and internal hemorrhage after a trip and fall; a youth with a cervical bone fracture following a diving accident. On the other hand, sometimes related to these and other physical insults, trauma also captures the psychological distress and emotional responses associated with life threatening, terrible or emotionally charged events. I have cared for patients with traumatic reactions to car accidents, lightning strikes, stabbings and rape but also to police brutality, racism, transphobia and even slower forms of violence like poverty, neglect, and daily low levels of stress. Trauma is a heuristic that highlights embodied cognition and permits us to perceive the entanglements of psyche and soma.

Trauma's purview and compass are not limited to the individual, the event or the clinical encounter. Trauma echoes and expands to incriminate, diagnose and explain cultural, historical, and institutional forces. In my related work as a medical humanities and narrative medicine scholar, I often read literature, philosophy, medical memoirs, and histories to account for collective, cultural and intergenerational trauma. In *Reading Capital*, Louis Althusser defines a practice of reading he labels as symptomatic reading. This reading is not limited to the surface, superficial meaning of a text, but uncovers and unearths what a text represses as a condition of its possibility. This kind of symptomatic reading is an interpretive act that frames the boundaries of ideology and reveals invisible but present forces that structure our ways of knowing, being and, relating to one another. Like a physician listening for symptoms of trauma in our patients, a symptomatic reading of the many kinds of texts discussed in this volume like Sarah Manguso's poetic memoir *Two Kinds of Decay*, reveals trauma as pervasive and constitutive of contemporary sociopolitical relations.

Through a symptomatic reading of cultural documents, we can reconnect individual stories and experiences of physical and mental traumas with historical and collective traumas.

One of the important outstanding questions in the etiology of post-traumatic stress disorder is why some people experience it and others do not. Given similar or comparable circumstances, the common assumption is that some people become “traumatized” and others do not. But as traumatic reactions have gained in visibility and cultural acceptance, we might say that we are all traumatized. Living in the twenty-first century, under the constant threat of war, climate catastrophe, and infectious apocalypse, we exist proximate to traumatic experience. What unites all traumatic experience is a combination of vulnerability, precarity, and exploitation. This risk is unevenly distributed, no doubt. Peoples of the Global South and former Anglo-European colonies, brown and black people all over the world, the impoverished, the incarcerated, the undomiciled, women and trans people, all certainly experience more vulnerability, precarity, and exploitation. Nor do I want to diminish the specificity of a clinical trauma that can cause debilitating nightmares, anxiety, exhaustion, and isolation. I’m only suggesting that the widespread discussion and experience of trauma have given us a valuable framework with which to understand our shared and collective experiences and to guide a symptomatic reading of cultural texts.

If the movements in clinical medicine are the organization of symptoms, diagnosis and diagnostic thinking, and therapeutics, then while I have touched on the first two, I have not mentioned the last. And here again this volume makes an important contribution. Trauma’s force seems to be the way in which it blurs boundaries, leaps time and space, and diffuses through experience. While it may sometimes have a clear beginning and signify a discrete event, trauma often outpaces the moment. It ripples and repeats even as repetition is one of its defining symptoms. From Freud’s “talking cure” to narrative medicine’s insistence on the importance of storytelling, narrativity, narratability and the telling of one’s story have been seen as central to a *therapeutic* practice in medicine, not just a diagnostic one. This volume extends that insight through chapters on trauma-informed practice, narrative-based practice, critical race theory, and expressive and creative writing. While telling one’s story of trauma can be a powerful way of mitigating the persisting effects of trauma, it can sometimes also be re-traumatizing. By framing trauma in the context of narrative medicine and ethics, we can develop new research and models to understand and dismantle power relations between tellers and listeners that might adversely the therapeutic power of storytelling. Not everyone is allowed to tell their story and not everyone is heard. We might call the complex of what stories get heard and what can be told, *narrative audibility*. Ideology, institutional

racism, and histories of sexism prevent many traumatic stories from being told or heard in the medical context. We must learn how to create empathic and safe spaces to allow the telling of stories of trauma to be therapeutic and to not be unwitting perpetrators of new traumatic experiences.

Almost every day I have to tell someone that their loved one has died. This can be a traumatizing experience for the family member, and the emergency room is a particularly difficult place to create a safe space. But it can be done and if we can do it here, we should be able to do it everywhere in medicine. By avoiding assumptions, by staying sensitive to cultural, racial, and social difference, by minimizing hierarchy and approaching the moment with narrative humility, we must prevent the formation of new traumatic experiences and support the healing power of storytelling. But we must also recognize that stories and individuals do not exist in a vacuum. They exist in an expanded cultural, social, economic and historical matrix that is sometimes traumatizing, but that can also be therapeutic.

Reference List

- Althusser, L. (2015 [1965]) *Reading capital*. Translated from the French by Ben Brewster and David Fernbach. New York: Verso Books.
- Manguso, S. (2008) *The two kinds of decay*. London: Granta Books.

PAGES MISSING
FROM THIS FREE SAMPLE

Biographies

Mona Baie

Medical degree and PhD student, University of Heidelberg, Deutschland

Mona Baie, MD, is research associate at the Chair of Medical Humanities at the University of Fribourg, Switzerland. She studied medicine, health humanities, and literature in Heidelberg, London, and Fribourg. In her PhD project in Comparative Literature she explores the semantics of clinical spaces in German and English pathographies (1950-present). Her research interests include medical humanities and spatial studies, German and English literature of the twentieth and twenty-first centuries, history of medicine and the hospital from the nineteenth to the twenty-first century, illness metaphors, and medical didactics.

Ssanyu Birigwa

Adjunct Professor, Columbia University, US

Ssanyu Birigwa is a Narrative Medicine Clinician, Indigenous Bone Healer and Adjunct Professor for the Master of Science Narrative Medicine program at Columbia University. A nonprofit executive with 17+ years of experience building healthier communities, she is now the co-founder of Narrative Bridge, an innovative communications & culture firm that brings sustainable Narrative Medicine training to education, healthcare, and other mission-driven organizations.

Hilde Bondevik

Professor, University of Oslo, Norway

Hilde Bondevik is Professor of Medical and Health Humanities at the Department of Health Sciences, Institute of Health and Society, University of Oslo, Norway. Bondevik holds a master's degree in history of ideas and a PhD in Medical History and works with applying perspectives from the humanities and gender studies to health sciences. Her key areas of interest include feminist theories, gender and health, phenomenology and embodiment, medical history, creative writing in health care settings (e.g., in cancer care and mental health care), literary representations of illness and social epistemology.

Mark Celinscak

Professor, University of Nebraska Omaha, US

Dr. Mark Celinscak is the Louis and Frances Blumkin Professor of Holocaust and Genocide Studies and the Executive Director of the Sam and Frances Fried Holocaust and Genocide Academy at the University of Nebraska at Omaha. He is the author of *Distance from the Belsen Heap: Allied Forces and the Liberation of a Nazi Concentration Camp*, winner of a Vine Award for Non-Fiction, and *Kingdom of Night: Witnesses to the Holocaust*, winner of a Canadian Jewish Literary Award for Holocaust literature. He is the co-editor of *Artistic Representations of Suffering: Rights, Resistance, and Remembrance* and the forthcoming *International Approaches to the Holocaust* (University of Nebraska Press). He currently serves as co-chair of the Consortium of Higher Education Centers for Holocaust, Genocide, and Human Rights Studies and is the Editor-in-Chief of the *Journal of History*.

Brooke Covington

Assistant Professor, Christopher Newport University, US

Dr. Brooke Covington is Assistant Professor of English at Christopher Newport University, where she teaches courses in rhetoric and composition, professional writing, medical humanities, and civic engagement and social justice. As the academic director of the university's Center for Community Engagement, Brooke aims to integrate community-engaged learning into the curriculum by fostering deep, reciprocal, and sustainable connections between community partners, faculty, and students. She holds a PhD in Rhetoric & Writing from Virginia Tech, and her research interests include rhetorics of public memory, anti-oppressive forms of community engagement, and narrative medicine. Her work has appeared in *Journal of Medical Humanities*, *Community Literacy Journal*, *Western Journal of Communication*, *Journal of Curriculum and Pedagogy*, and *Campus Compact*.

Margaux Danby

Narrative Medicine Scholar, University of Kentucky College of Medicine, US

Margaux Danby is a narrative medicine scholar, writer, and medical student. She holds a Master of Science in Narrative Medicine from Columbia University, where she also taught as a Faculty Associate. She continues to work as a freelance narrative medicine educator and workshop facilitator. A graduate of Vanderbilt University, Margaux is currently completing a Doctor of Medicine at the University of Kentucky College of Medicine.

Georgia Fagan

Lecturer, University of Sydney, Australia

Georgia Fagan has an academic and professional background in applied ethics and feminism. They teach philosophical ethics at the University of Sydney and the Australian Catholic University in addition to working as both an ethical counsellor and Primary Ethics teacher in Australia.

Arthur W. Frank

Professor Emeritus, University of Calgary, Canada

BA in English Literature from Princeton University. MA in Communications from the University of Pennsylvania. PhD in Sociology from Yale University. Professor Emeritus at the Department of Sociology, University of Calgary. Author of *The Wounded Storyteller: Body, Illness, and Ethics* (1995), *Letting Stories Breathe: A Socio-Narratology* (2010) and *King Lear. Shakespeare's Dark Consolations* (2022).

Rishi Goyal

Director, Associate Professor and attending physician, Columbia University, US

MD, PhD in English Literature. Associate Professor at Columbia University Medical Center and head of the master's program in Medical Humanities at that university's Institute for Comparative Literature. Attending physician in the Emergency Department at Columbia University Medical Center. Head of the steering group of *CHCI Medical and Health Humanities Network*. Adjunct associate professor at the Department of Humanities, University of Southern Denmark. First editor of *Culture and Medicine. Critical Readings in Health and Medical Humanities* (2022), and author of several articles and book chapters on narrative medicine.

Hannah Ming Yit Ho

Assistant Professor, University of Brunei Darussalam, Brunei

She read her PhD in English at the University of York (UK). She has been a research fellow at the Asia Research Institute, National University of Singapore. Her postdoctoral fellowships were completed at King's College London and the University of California, Berkeley. She has received numerous local and international grants to conduct research in Southeast Asian literary studies. In addition to publishing book chapters, her journal articles appear in *Asiatic, Kritika Kultura, Southeast Asian Review of English, The Wenshan Review of Literature and Culture, Global Society and International Journal of Asia Pacific Studies*. She co-edited the seminal volume entitled *Engaging Modern Brunei: Research on Language, Literature and Culture* (Springer, 2021).

Sue Joseph

Associate Professor, Central Queensland University, Australia

A journalist for more than forty years, working in Australia and the UK, Sue Joseph (PhD) began working as an academic, teaching print journalism at the University of Technology Sydney in 1997. As a Senior Lecturer, she taught in journalism and creative writing, particularly creative non-fiction writing. Now as Associate Professor, she works as a supervisor and trainer at Central Queensland University, holds an Adjunct position at Avondale University, is a Senior Research Fellow at the University of South Australia and is a doctoral supervisor at the University of Sydney, and the University of Technology Sydney. She is currently Joint Editor of *Ethical Space: The International Journal of Communication Ethics* and co-editor with Willa McDonald and Matthew Ricketson of the *Palgrave Studies in Literary Journalism* book series.

Astrid Joutseno

PhD, University of Turku, Finland

Astrid Joutseno/Swan currently conducts her post-doctoral research on grief of the dying and grief as an effect in intergenerational cultural memory. Her research interests lie in the crossroads of gender studies, literary and cultural studies as well as medical humanities. Joutseno's award-winning PhD dissertation *Life Writing from Birth to Death: How M/others Know* examined maternal life writing online. In 2023-2024 she is the Fellow in Arts at the Helsinki Collegium of Advanced Study, University of Helsinki. Joutseno is also affiliated with SELMA, Centre for the Study of Storytelling, Experientiality and Memory, at Turku University. She is a researcher in the Academy of Finland project "Counter-Narratives of Cancer: Shaping Narrative Agency" (2023–2027). With the artist's name Astrid Swan, the author has published seven albums internationally between 2005 and 2021. Swan won the prestigious Teosto Award in 2018. The same year, her music was nominated for the Scandinavian Music Prize. In 2019 Swan published a memoir, *Viimeinen kirjani (Nemo)*. In 2024 she published her first novel (*S&S Kustannus*).

T.S. Kavitha

Assistant Professor, Banaras Hindu University, India

She is the Assistant professor of French at Banaras Hindu University, Varanasi, India. She has earned a PhD from The English and Foreign Languages University, Hyderabad, on the subject of the Representations of the Arab Spring in Media and Francophone Novels. She has published extensively in the area of multiculturalism, the Arab Spring, francophone postcolonial writing and ecocriticism. Her recent research project is on the notion of Memory and

Trauma Studies in context to communities like harki, pieds-noirs, rapatriés, and appelés.

Elizabeth Lanphier

Assistant Professor, University of Cincinnati College of Medicine, US

PhD, MS, HEC-C, is Assistant Professor in the Ethics Center at Cincinnati Children's Hospital Medical Center and in the Department of Pediatrics at the University of Cincinnati College of Medicine with affiliations in the University of Cincinnati Departments of Philosophy and Women, Gender, and Sexuality Studies and the Center for Public Engagement with Science. Dr. Lanphier is also a non-resident research fellow in the Institute for Philosophy and Public Policy, and an elected board member of the Bioethics Network of Ohio. Dr. Lanphier received a master's degree in Narrative Medicine from Columbia University and completed a PhD in Philosophy and a clinical ethics fellowship at Vanderbilt University. Her scholarship in feminist bioethics and social and political philosophy engages and theorizes narrative and trauma informed practices in healthcare and ethics. Her work has appeared in journals including *Hastings Center Report*, *American Journal of Bioethics*, *Cambridge Quarterly Health Care Ethics*, *Pediatrics*, *Social Philosophy Today*, *Perspectives in Biology and Medicine*, as well as in several edited books and public-facing media outlets.

John Launer

Lecturer, University College London, England

John Launer is a family physician, family therapist, educator and writer. He is an honorary associate professor at University College London, UK and an honorary consultant at the Tavistock Clinic, London UK.

Molly Lindberg

PhD, Columbia University, US

She is a French teacher at Friends Academy, a Quaker school. Molly holds a PhD from the Department of French at Columbia University. Her dissertation focused on depictions of trauma in English and French novels and films about the conscription of soldiers in West African and the memorialization of the Rwandan genocide. She uses a health-humanities approach to stories, guided by an ethics of care and the goal of maintaining the dignity of real and fictional people represented.

Emma McKenzie

Team leader at Converge, York St John University, England

Emma is a practicing occupational therapist and has spent her career specializing in mental health rehabilitation and recovery. Over the last ten years Emma, has focused on innovative work bringing together health services with education providers at York St John University in York, for a project called *Converge*. Emma is currently studying for a practice led PhD in Humanities (creative writing) to re-tell stories of mental health care as a way of instigating compassion and empathy towards both patients and staff working within the mental health system, with the aim of highlighting the need for humanity to be placed at the forefront of care.

Colleen McMillan

Scientific Co-Director and Associate Professor, University of Waterloo, Canada

Colleen McMillan is a clinical health care provider, academic and researcher in the health care field for four decades. As a qualitative health researcher, her research interests focus on the intersection of gender, stigma, disability and use of the self. She teaches family practice residents the benefits of narrative medicine, including reflectivity, self-care and avoidance of burnout. She recently concluded a national study on trauma and trauma informed care. She maintains a clinical practice focused on mental health at a family health team. Colleen recently accepted the position of Scientific Co-Director at a CIHR and PHAC funded research hub with a mandate to promote mental health promotion across Canada.

Sarah Pini

Associate Professor, University of Southern Denmark, Denmark

Sarah works at the intersection of cultural and medical anthropology, arts and health, dance and performance studies, and phenomenology of the body and illness. Her research explores experiences of illness, presence, agency, and healing across different mindful bodies, dance practices, environments, and cultural contexts. Sarah's research has been published in *The Oxford Handbook of Contemporary Ballet*, *Synthese*, *Performance Research*, *Collaborative Embodied Performance: Ecologies of Skill* (Bloomsbury), and *The Australian Journal of Anthropology*, among others.

Preeti Puri

Assistant Professor, National Institute of Technology Hamirpur, India

Dr Preeti Puri is Assistant Professor in the Department of Humanities and Social Sciences at National Institute of Technology Hamirpur, Himachal Pradesh, India. She is the Senate Member of Indian Institute of Information Technology (IIIT) Una, Himachal Pradesh, India. Her forte is Literary Theory and Criticism, and her research concentrates on Deleuze and Guattarian Studies, Psychoanalysis and Popular Culture, and Health Humanities.

Anders Juhl Rasmussen

Associate Professor, University of Copenhagen, Denmark

MA in Danish and Philosophy, and PhD in Danish literature. Associate professor in Danish literature with research obligations in narrative medicine at Department of Nordic Studies and Linguistics, University of Copenhagen. Member of the steering committee for *Nordic Network for Narratives in Medicine* and *CHCI Medical and Health Humanities Network*. First editor of the anthology *Narrative Medicine in Education, Practice, and Interventions* (Anthem Press, 2022), and author of several articles and chapters on narrative medicine.

Ricardo Rato Rodrigues

Assistant Professor, Uniwersytet Marii Curie-Skłodowskiej w Lublinie, Poland

Ricardo Rato Rodrigues is currently Assistant Professor of Portuguese Studies at UMCS (Uniwersytet Marii Curie-Skłodowskiej w Lublinie), Poland. In 2016, he obtained his PhD in Lusophone Studies from the University of Nottingham, with a thesis entitled *A Silent Scream: Madness and Trauma in the early works of António Lobo Antunes*. His research interests are varied, from trauma and madness in literature and the arts, health humanities, comparative literature (especially in between the lusophone and anglophone contexts), psychiatry, suicide studies, politics in literature, applied drama and gender studies (with a special focus on masculinities).

Mahesh Sharma

Assistant Professor, Central Institute at Higher Tibetan Studies, Sarnath, India

As Assistant Professor of English, he has been teaching in the Department of Classical and Modern Languages at CIHTS, Sarnath, Varanasi, India. He received his M.Phil. from the University of Rajasthan in the area of Rasa Theory and Indian Aesthetics. He earned PhD. from The English and Foreign Languages University, Hyderabad, from the Department of Indian and World Literatures

with a specialization in Postcolonial Theory and Literature. As a creative writer, he has published various short stories in Hindi and English, bringing him various awards. He has published many seminal research articles in the area of postcolonialism, cosmopolitanism, literary theory, criticism, and sorry literature.

Shefali

Research Scholar, Dr B R Ambedkar National Institute of Technology, Jalandhar, India

Shefali is a Research Scholar in the Department of Humanities and Management at Dr B R Ambedkar National Institute of Technology Jalandhar, Punjab, India. Her research interests include Health Humanities, Narrative Medicine and Graphic Medicine. Her ongoing PhD dissertation focuses on the analysis of the experience of schizophrenia in comics.

Nora Simonhjell

Professor, University of Agder, Norway

PhD in Norwegian Literature and poet. Professor in Nordic literature at Department of Nordic and Media Studies, University of Agder, Kristiansand. Co-editor of the annual anthology of Norwegian Literature *Norsk litterær årbok* (Samlaget 2017-2023). Author of several articles and chapters on literary representations of illness, disability, care, and the role for next of kin.

Victoria Simpson

PhD Candidate, University of Texas at San Antonio, US

PhD Fellow in the English Department at University of Texas at San Antonio, Victoria currently has two published works, *El Mundo Zurdo 7 for the Selected Works From 2018 Meeting of The Society for the Study of Gloria Anzaldúa*. "Writing for Transformative Change Through Self-Expression and Self-Reflection" (Aunt Lute Publishers, 2018). *Voices Of Illness Negotiating Meaning and Identity*, "Narrative Medicine and Storytelling: An Alternative Method for Healing" (Brill Publishers, 2018).

Aaron Smith

Professor and Faculty Lead, Yorkville University, Canada

Aaron Smith has taught in social work, psychology, and psychotherapy programs at universities throughout Canada for more than ten years. He is a Registered Psychotherapist in the Province of Ontario and has worked for numerous health care and community-based organizations for more than fifteen years. Aaron is a sought-after speaker and has published and presented workshops

across North America. Woven throughout his research is an emphasis on relational engagement and wellbeing.

Morten Sodemann

Clinical Professor, University of Southern Denmark, Denmark

MA, PhD, consultant physician in infectious diseases. Clinical professor in global health and immigrant medicine, Department of Clinical Medicine, University of Southern Denmark. Chief physician, Clinic for Immigrant Medicine, Odense University Hospital. Author of *What you don't know will hurt the patient* (Open Access, 2022) and several articles and chapters on narrative medicine.

Jacob Y. Stein

Senior Lecturer, College of Management, Israel

Dr. Jacob Y. Stein is a senior lecturer at the Department of Psychology in the College of Management Academic Studies, Israel. His fields of expertise include studies of loneliness and trauma, both separately and interactively. His studies include both longitudinal quantitative investigations and qualitative studies. He has co-authored several articles and book chapters in these interwoven domains.

Oddgeir Synnes

Professor, VID Specialized University, Norway

Oddgeir Synnes is Professor of Health Humanities at the Centre for Diaconia and Professional Practice, VID Specialized University, Oslo, Norway. Synnes has a master's degree in Nordic literature and a PhD in illness narratives and works with applying perspectives from the humanities to healthcare, both through practical projects and in research. His key areas of interest include cultural and narrative gerontology, creative writing in health care settings (e.g., in cancer care, palliative care, and dementia care), literary representations of illness, and narrative inquiry. His latest book is *A Poetic Language of Ageing* (with Olga V. Lehmann – Bloomsbury Academic, 2023).

Rivka Tuval-Mashiach

Professor, College of Management, Israel

Prof. Rivka Tuval-Mashiach is a clinical psychologist and full professor in the Department of Psychology at Bar-Ilan University, Israel. She serves as the chair of the steering committee of Natal, the Israel center for victims of trauma and terror, and served as the chair of the Gender graduate Program in Bar Ilan. Her

fields of expertise include resilience, posttraumatic stress, and posttraumatic growth following terror and war, identity challenges and identity re-construction following traumatic events, gendered perspectives of trauma. Her research aims to bridge between theoretical models and applied as well as therapeutic approaches. Specifically, she focuses on the importance of constructing the trauma narrative, and on the power of bearing testimony in healing trauma. Prof. Rivka Tuval- Mashiach uses qualitative as well as mixed methods in her research, and is an expert in narrative and qualitative text analysis. She has published numerous papers and co-authored the books *Narrative Research: Reading, Analysis and Interpretation* (Sage, 1998, with Professor Amia Lieblich and Dr. Tammar Zilber) and *Narrative Research: Theory, Interpretation and Creation*, in Hebrew, with Dr. Gabriella Spector-Mersel.

Annmarée Watharow

PhD Candidate, University of Sydney, Australia

Dr. Annmarée Watharow is a clinician and academic who lives with disability. She is the author of *Improving the Experience of Health Care for People Living with Sensory Disability: Knowing What is Going On* (2023, Lived Places Publishing), and the playwright *Harms Way*. Annmarée is presently the Lived Experience Research Fellow at the Centre for Disability Research and Policy, University of Sydney.

Lillian Wilde

Research Associate, IU International University of Applied Sciences, England

Lillian completed her PhD on the phenomenology of intersubjectivity and post-traumatic experience at the University of York in 2022, with a focus on empathy, background feelings of belonging, and alienation. Her research integrates work in phenomenology, psychopathology, philosophy of mind, philosophy of psychiatry, and trauma studies and has been published in *Phenomenology and the Cognitive Sciences*, *Psychopathology*, and *Medicine, Health Care, and Philosophy*, among others, <https://philpeople.org/profiles/lillian-wilde>

Author Index

A

Aaslestad, Petter, 227
Appadurai, Arjun, 245–46
Arendt, Hannah, 32
Attridge, Derek, 233–35

B

Baie, Mona, xxvi, 181, 255
Bal, Mike, 122
Birigwa, Ssanyu, xxv, 133, 255
Biro, David, 78, 86
Bleakley, Alan, 187
Bondevik, Hilde, xxv, 91, 92, 255
Brinkmann, Svend, 34
Bundesen, Birgit, 92

C

Carel, Havi, 15, 17, 19
Caruth, Cathy, xix, 97, 143–44, 182,
227–29, 235
Celinscak, Mark, xxv, 77–80, 86,
256
Charon, Rita, xvi–xix, xxvi, 41, 65–
73, 78–80, 92–93, 98, 135, 136,
155–58, 174, 186–88, 194, 227,
242
Covington, Brooke, xviii, xxvi, 191,
256
Craps, Stef, xx
Crawford, Paul, 146, 149

D

Damasio, Antoine, 57
Danby, Margaux, xxvi, 217, 256

DasGupta, Sayantani, 133, 137,
165–67, 174, 176–77, 196
Delgado, Richard, 191, 195, 200,
213–14
Derrida, Jacques, 73, 244

E

Eaglestone, Robert, 28, 33
empathy, 167
Epston, David, xviii, 59

F

Fagan, Georgia, xxiv, 257
Fassin, Didier, xx
Felman, Shoshana, xx, 183
Felski, Rita, xv, 36, 91–95, 97–101
Foucault, Michel, 243–45, 252
Frank, Arthur W., xvii, xxvi–xxvii,
22, 59, 91, 98–101, 161, 183,
227, 228, 246, 249, 257
Freud, Sigmund, xii, 144, 227, 240

G

Goyal, Rishi, xxvi, 257
Greenhalgh, Trisha, xviii, 41–42

H

Hartman, Geoffrey, 166, 204, 205
Hawkins, Anne H., 187
Heidegger, Martin, 163
Herman, Judith L., 20, 93, 104
Ho, Hannah M.Y., xxvi, 237, 239,
240, 241–42, 244–46, 257
Hurwitz, Brian, xviii, xxviii, 41–42

Husserl, Edmund, 20–21, 24–25,
109

Hvidt, Elisabeth Assing, 16–18

I

Irvine, Craig, 79, 174

J

Joseph, Sue, xxiv, 258

Joutseno, Astrid, xxv, 32–33, 258

Jurecic, Ann, 28, 91

K

Kalanithi, Paul, 31

Kaplan, Ann, xx

Kavitha, T.S., xxvi, 155, 258

King, Steve, 56, 205, 257

Kleinman, Arthur, xvii, 159, 164,
212

Knausgård, Karl Ove, 227

L

LaCapra, Dominick, xx

Lanphier, Elizabeth, xxv, 65–66,
69–71, 259

Laub, Dori, xx, 133–35, 141, 168–
69, 183, 217–21, 225–26, 229

Launer, John, xviii, xxv, 41–44, 49–
50, 259

Levinas, Emmanuel, 156, 162–64

Lillebø, Sandra, 227–35

Lindberg, Molly, xxv, 133, 259

Lobo Antunes, António, 145–50,
261

Lorde, Audre, 205–14

Luckhurst, Roger, xx, 167, 228

Lykke, Nina, 29

M

Maagaard, Cindie A., 182

Manguso, Sarah, xi, 181–89

Mattingly, Cheryl, 22, 119

McGrath, Patrick, 143, 145–46,
149–53

McKenzie, Emma, xxv, 115, 260

McMillan, Colleen, xxv, 53, 260

Meretoja, Hanna, xx, 29, 32–35

Montello, Martha, xvi, xxvii

Morrison, Toni, 126, 197

Mukherjee, Siddhartha, 155–61

Musil, Robert, 148

N

Nesby, Linda, 28, 31

Ngai, Sianne, 229

O

Orr, Gregory, 91, 100

Ø

Ørstavik, Hanne, 227

P

Pennebaker, James W., 104

Pessoa, Fernando, 23

Phelan, James, xix, 128, 188

Pini, Sarah, xxiv, 18, 22, 260

Puri, Preeti, xxvi, 165, 261

R

Rasmussen, Anders Juhl, xi, xv, 261

Ricoeur, Paul, 68, 91–93, 99–100

Rodrigues, Ricardo Rato, xxv, 143,
147, 261

S

- Said, Edward, 239, 243
Scarry, Elaine, 86, 183
Schleiermacher, Friedrich, 106,
107, 108
Sedgwick, Eve K., 32, 91, 93
Shapiro, Johanna, 56, 174
Sharma, Mahesh, xxvi, 155, 261
Shefali, xxvi, 165, 262
Simonhjell, Nora, xxvi, 227, 237,
262
Simpson, Victoria, xviii, xxvi, 203,
262
Smith, Aaron, xxv, 53, 262
Sodemann, Morten, xi, xxiii, 263
Sontag, Susan, 17, 20, 21, 225–26
Stein, Jacob Y., xxv, 103, 110, 263
Synnes, Oddgeir, xxv, 91, 92, 101,
263

T

- Tuval-Mashiach, Rivka, xxv, 103–6,
110, 263

V

- van der Kolk, Bessel A., xxiii, 20,
169

W

- Watharow, Annmaree, xxiv, 4, 7,
14, 264
White, Michael, xviii, 44, 59, 61–
62, 192, 196, 253
Whitehead, Anne, xx, 29, 34, 152–
53, 169, 183
Wilde, Lillian, xxiv, 20, 21–22, 264
Wohlmann, Anita, 42, 187
Woods, Angela, xviii, 187
Woolf, Virginia, 27

Z

- Zahavi, Dan, 21

Subject Index

A

- ABISSO* (2018)
[shortfilm] directed by Sarah
and Ruggero Pini 15–25
- accessibility xxiv, 3–13
- accompaniment 137, 141
- active listening *See* listening
- affiliation xvii, 65–69, 79, 91, 93–
95, 98–99, 174, 187, 239, 241,
See also attention and
representation
- alienation xxiii, 15–24, *See also*
ABISSO (2018)
- American history
Tulsa black wall street
massacre (1921) 217–26, *See*
also *Watchmen* (2019)
- anthropomorphism 84, *See also*
zoomorphism
- assessment 46, 79, 81, 144, 147,
250
- attention xvii, 42, 44–45, 65–66, 72,
77–79, 83, 93, 151, 187, 189,
192, 204, 250, 253, *See also*
affiliation and representation
- auto-ethnographic
practice 17, *See also*
performance art
research xxiv–xxv, 15, 122, 155
- auto-pathography 181

B

- Bergen-Belsen concentration
camp *See* *Kingdom of night*

- biological science xvi, 146, 211,
249, *See also* the theory of
recapitulation
- body, the human xxii, 19, 22, 31,
34, 156, 159, 175, 205, 210, 228

C

- cancer
diagnosis 15–24, 91, 93, 99
experience 95, 97, 98
metastatic xxv, 32, 34
patient xxiv, 16, 20, 29, 99, 155,
160, 210
The cancer journals by Lorde,
Audre (2020) 205–8
treatment 17–18
- close reading *See reading*
- co-creation xviii, xxi, 12
- Coel, Michaela (director, 2020)
I May Destroy You, HBO/BBC
One series. 133
- community xxiii, xxv–xxvi, 5–10,
60, 79, 92, 95, 98–100, 115, 117,
119, 123–26, 134, 139, 141, 167,
237–38, 242–44, 246
- compassion 120, 139, 141, 165,
173, 174, 208, 227, 234
compassion fatigue (CF) 55
- conceptual systems 78
- consent 10, 133–34
- consolation xvii, *See also* Frank,
Arthur W.
- Conversations Inviting Change*
(CIC) 41–49, *See also* narrative-
based practice
- counterstorytelling *See*
storytelling

creative writing *See writing*
 critical care 81
 critical race theory (CRT) xii, xxvi,
 191–95, 209, 213–14, *See also*
storytelling, counterstory
 cultural change 115
 cultural competency 70, *See also*
 trauma informed care

D

decision-making 145, 156
 decolonisation 237
 degradation 78
 disability xxiv, 68
 people living with disability
 (PLWD) 3–13
 disclosure 104, 133–42
 diversity 42, 66, 68, 74, 196
 doctor-patient relation 158, *See*
also therapeutic relationship

E

embodied
 narratives *See narratives*
 practice *See auto-*
 ethnographic embodied
 practice
 embodiment xi, xviii, xxvi, 21, 34,
 162, 192, 195, 204, 212, 217–20,
 232, 251
 idea of pictorial 166, 175
 emotional
 dwelling 30, 105
 grief 32, *See also grief*
 injuries 53–55, 249
 pain 55, 57, 105
 rupture *See rupture*
 emotions
 normalize uncomfortable 58
 externalizing 92

empathetic listening 174, *See also*
 listening
 empathy xvi, 56, 61, 120, 135–136,
 158, 162, 168, 198–199
 equity 8–9, 68
 ethical storytelling spaces *See*
 storytelling or auto-
 ethnographical research
 ethics xii, xvi, 9, 10, 53, 82, *See also*
 narrative ethics
 ethical and emotional
 understanding 174
 ethical dilemmas xxv, 77, 235,
 238, 242
 in decision-making 156
 medical xvi–xvii, 164
 of bearing witness 181–182, *See*
also witnessing
 of care 155–57, 162, 228, 233
 of Emmanuel Levinas xxvi,
 155–57, 162
 of healing 156, 238, 246

F

feminist 30, 60, 71, 204, 210
 fiction
 literary 151, 156, 160, 232
 narrative 126, 227
 film xvii, 18, 21–22, 119, 140, 218,
 229
 film and television 221–26

G

grief xxv, 28, 53–54, 57, 207, 229,
 241–43
 disenfranchised 28
 in archives 33
 narratives *See narratives*

of the dying 27–35, *See also*
 mourning of one's own
 death

H

healing xxv, 133, 188
 embodied art therapy 16, 22, 24
 holistic 155–64
 therapeutic and trauma 174,
 203–12
 hermeneutics
 existential 91, 92
 as the art of understanding
 106
 and phenomenology xxv, 103,
 105–106
 of suspicion 93
 misunderstanding vis-à-vis the
 traumatic experience 107
 holistic xxvi, 61, 74, 156, 164
 humanity xxv, 41, 115, 147, 151,
 164, 211, 213, 261

I

I May Destroy You
 HBO/BBC One series directed
 by Michaela Coel 133–42
 illness experience
 black 209
 memoir xxvi
 mental 126, 144, 146, 151, 165–
 77, 227, 240
 severe and incurable 28, 34, 181
 inclusion xxiv, 6–7, 10, 12, 68–74,
 149, 200
 injustice 5–9
 interpretation xv, xxiii, xxvi, 20, 32,
 92, 119, 149, 164, 181, 192, 196,
 212, 240, 242
 intersectional 8, 10, 71, 199, 205

intersubjectivity 21, 66, 93, 98,
 106, 265
 isolation xii, xxvi, 86, 100, 103, 106,
 108, 110–11, 123, 140, 166

K

Kingdom of night, Bergen-Belsen
 concentration camp
 witnesses to the Holocaust 78

L

listening, active and skilled xvii–
 xviii, xxi, xxvi, 56, 79, 105, 135
 literary works
 Lobo Antunes, A. (1980),
Knowledge of hell 145
 Manguso, S. (2008) *The two
 kinds of decay* 181
 McGrath, P. (2008) *Trauma* 145
 lived experience xxiv, xxv, 3, 4, 103,
 105–6, 106, 109, 112
 researcher 6, 8–13, 15–18
 loneliness xxv, 34, 54, 91
 experiential 104
 of suffering 92
 post-traumatic 103–12
 loss 28, 91
 everyday occurrence of losses
 32
 language 242–44
 loss of meaning 92
 non-death 32
 tangible and intangible 33
 the dual process model of loss
 32

M

medical
 crimes 83

education xv, 45, 181–82, 186,
211, 251
school setting 189
narrative, *See also* narrative,
medical
medicalization xix, 126, 137, 166,
209, 211
memory studies xx
mental. *See also* illness experience
health 115–27, 165–67, 182, 255
health care xxv, 115–27, 176
mentalize xxiii
metaphors xxi, 12, 78, 84, 94, 109,
158–60, 165, 168, 177, 206
modern medicine xii, xxi, 92, 241,
249
mourning of one's own death 27,
31, 33, *See also* grief

N

narratability xii, 98
anti-narratable 119, 120
narration xviii, 24, 33, 44, 143,
103–4, 151, 158, 162, 175, 186,
206, 228, 238, 242
unreliable narrator 149
narrative therapy
exposure xviii, 104, *See also*
trauma informed care
family 41, 44
narrative neglect, concept of 69, *See*
also Saulnier, Katie
narrative
capacities 69
care 98
environments 98
ethics xv, xxvi, 28, 44, 79, 100,
190, 226, *See also* ethics,
embodied 15, 24
empirical and moral claims 79
fragments 33

gaps 188
grief narratives 27, 32, 34
healing 133, 206, 242
hope 156
narrative humility xiii, 137,
165–67, 173–77, 196
illness xvii, 15–17, 22, 166–67,
182, 206–07, 212
language 204, 209
medical 79, 86, 156–57, 207,
209, 210–11, 214
medicine, critical xxv
methods xxiv–xxvi, 69
non-subsumptive model 32
personal 61, 156, 210
structure 115, 120, 122, 152,
183–84, 186
trauma *See also* trauma story
or trauma narrative
narrative-based medicine xviii,
41–42
narrative-based practice xxv, 41,
See also Conversations Inviting
Change (CIC)
narratology 126, 158, 160–62
next of kin xxvi, 227–28, 232, 234

O

ontological divide 78
oppression 69–75, 192, 198–9,
203–7, 213

P

patient
care 41, 77, 79, 211, 214
story xvi, 61, 138, 174, 194, 200,
207, 213, 227, 250
patient-centered care xxiv, xxv,
166, 193, 211
pedagogic 72–75, 150, 193, 204

performance art 15–19, 21, 30, 69,
244, *See also* auto-
ethnographic embodied
practice
phenomenology xxv, 97, 106
Pini, Sarah and Ruggero (2018,
directors)
ABISSO [shortfilm] 15–25
poetic language 91
poetry 91–2, 100, 211
post-traumatic stress disorder
(PTSD) xii, xix, xxi–xxii, 16, 55–
6, 143–44, 150
privileged positions 79
psychiatric, anti 147
psychiatry 145
psychoanalysis xvii, xix, 227, *See
also* Freud, Sigmund
psychological impact 83
psychotherapy 43, *See also*
trauma, psychoanalytic theory

Q

qualitative research xvii, 4, 6, 7,
9–10, 12, 103–12

R

racial
trauma 192
violence *See* violence
racism xi, xiii, 8, 191–200, 204, 208,
210–11, 213, 223
anti-racism 67–68, 71–72, 74,
191
reading
close reading xvi–xvii, xxvi, 44,
65–76, 93, 109, 136, 166–67,
187, 194
paranoid 93
reparative 93

symptomatic xi–xii
recapitulation, the theory of
ontogeny recapitulates
phylogeny 85
recovery xxv, 16, 24, 115, 120, 122,
126, 138, 140–42, 188, 208, 229,
244, 252
re-enchantment 91, 96
representation xvii, 61, 65–69, 72,
79, 93, 119, 143, 148, 166, 168–
69, 173–75, 181, 205, 213, 222,
224, 227, 238, 255, *See also*
attention, affiliation or
storytelling
verbo-visual 168
resilience xxiii, 60–61, 152, 207
resistance 22, 199, 203, 206, 213
narrative medicine as
resistance 250
responsibility xxvi, 104, 135, 137,
151, 162–64, 227, 233, 252
ritual 140–42, 161
rupture
emotional 33, 54, 203
irreversible psychic 167
relational 53, 54

S

self-critique 137
self-evaluation 137
self-reflection 68, 133, 203, 206,
212
sense of belonging xxv, 15, 21, 24
sexual violation
abuse xxiv, 116
assault xxv, 59, 133–35, 137, 138
rape xi, xxii, 109, 134, 138–40,
144
violence xxii, 16
social justice 9, 65, 68–76, 195
sovereignty, in healing oneself 134

stigma 115–27
 storytelling xii–xiii, xvii, 92, 126–27, 133–34, 157–59
 achronological 182, 186
 counterstory xviii, xxvi, 191–200, *See also* critical race theory (CRT)
 ethical iii–xiii, 3, 32–33, 143, 234
 interpersonal 203
 stock story vs. counterstory
 methodological approach 195
 verbo-visual xxvi, 165–77
 Substance abuse and mental health administration (SAMHSA) 70
 supervision group xxv, 41–44, 44–7, 49, *See also* Conversations Inviting Change (CIC)

T

testimony xviii, xx, 6, 135–36, 150, 187, 217, 218–21, 229, *See also* witnessing
 verbo-visual 165, 169, 177
 therapy 104
 therapeutic
 alliance 57
 healing as an alternate
 discourse 177
 re-authoring 61
 relationship 56, 61, *See also* doctor-patient relation
 traditional medicine 238, 241–43
 trauma
 daily 54, 55, 60
 distilled stories of 59
 experience xii–xiii, xix, xxii, xxvi, 15, 17, 24, 100, 110, 111, 135, 145, 152, 181, 193, 198, 227, 231
 flashbacks 167–68, 182, 228
 garden variety 54
 historical and collective 221
 incidental 54
 ineffable nature of 104, 120
 institutional 60
 memory 113, 147, 169
 narrative xxv, 17, 110 *See also* trauma story
 physiological 193
 professional 48
 racial 191–200, 191
 black 204
 intergenerational 217–26, 220
 small 53–62
 story xxv, 133, 138, 141, 252, *See also* trauma narrative
 studies xv, xviii, xix–xx, 112, 152, 182, 192
 survivor xxiii, 16, 20, 55, 108, 111–12, 197
 symptoms consistent with 59
 theory, psychoanalytic 217–21
 as an unspeakable or untellable event xvii, 49, 97, 107, 149, 169, 183, 198
 trauma informed care xviii, 49, 65–75, 197, *See also* narrative exposure therapy
 trauma informed practice xii, xxv, 65, 71–75, 191, 260
 triage, the practice of 82
 Tulsa race massacre (1921)
 Black Wall Street Massacre *See* American history and *Watchmen* (2019)

U

uncertainty 27, 30, 31, 59, 186, 187, 207, 231

V

- veteran 149–50
- victim-blaming 135, 139
- violence xi, xxi–xxiii, 3, 49, 70, 119, 144, 149, 192, 198, 208
 - psychological xxi, xxii
 - racial 199, 222
 - sexual violence *See* sexual violation
- vulnerable xvii, 49, 55, 122, 138, 141, 165, 167, 233
 - populations 7
- vulnerability
 - bodily, black patients and blacks women patients 211
 - spiritual 245

W

- war xii, xix, xxiv, xxv, 16, 147, 149, 225
 - Second World War 77–86
 - veteran 104, 147
- Watchmen* (2019) 217–26
 - [HBO miniseries] produced by Warner Bros *See also* American history and Tulsa race massacre
- witch doctor 240, 244
- witnessing 42, 56, 133–36, 141, 168, 174, 193, 217, 242, *See also* testimony
 - bearing witness xxvi, 105, 135, 218, 188, 218, 237, *See also* ethics of bearing witness
 - dyad, witness and survivor testimonial 133
- empathic 55, 174
- reality of 217

writing

- creative writing xii, xvi, xxv, 91–93, 100, 115, 194
- expressive xxv

Z

- zoomorphism 84, *See also* anthropomorphism